



Stepping Out on Saturday Manitoba

Friendships Start Here

Therapeutic Recreation Program for Children with Fetal Alcohol Spectrum Disorder (FASD)



The Stepping Out on Saturday (SOS) Program is designed to offer children a fun day in a supportive environment where they can learn and practice friendship skills and gain strategies for self-regulation. Trained staff and a low child-to-adult ratio are key to a successful day. Through the intake process, a plan to support the unique needs of each child is developed. The program is offered in five Manitoba locations:

Bloodvein, Brandon, Selkirk, Thompson, and Winnipeg

Winnipeg SOS Program

The program is offered one Saturday a month. It is run by the Rehabilitation Centre for Children out of the SSCY Centre (1155 Notre Dame Ave., Wpg, MB) from 10:00 am – 2:00 pm. Applications are accepted on an ongoing basis.



**This program is for
children who...**

Are age 5 to 12 years old

Have a diagnosis of FASD
or have been referred
for assessment at the
Manitoba FASD Network



**For more information,
please contact:**

SOS Winnipeg Camp:

Amy Braunstein & Alanna
Courtney

Ph: 204-258-6741

Email: abraunstein@rccinc.ca

Email: acourtney@rccinc.ca

SOS Provincial Coordinator

Ph: 204-258-6865

Email: Mcampbell@rccinc.ca



Stepping Out on Saturday Manitoba (S.O.S. MB)

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Winnipeg Program Application

Rehabilitation Centre for Children
SSCY Centre 1155 Notre Dame Ave, Winnipeg MB R3E 3G1
S.O.S. Program (204) 258-6741
MB FASD Centre: (204) 258-6600 Fax: (204) 258-6797

Application Date:

Legal Guardian name(s):

Child's Name:

Child's Gender:

Birth date:

Month:

Day:

Year:

Child's Pronouns:

Diagnosis: FASD Awaiting assessment at the Manitoba FASD Centre

Caregiver Name:

Caregiver Name:

Relationship to child:

Relationship to child:

Home phone:

Home phone:

Other: Work/cell

Other: work/cell:

Email:

Email:

Home/Mailing Address:

Home/Mailing Address:

City:

Postal Code:

City:

Postal Code:

If this child is involved with CFS, please fill out this section: Social Worker:

Agency Name and Address:

Phone:

Email:

Fax:

Consent:

Yes No

- | | | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | I am in agreement with this application to the Stepping Out on Saturday MB day respite program. |
| <input type="checkbox"/> | <input type="checkbox"/> | I have received information about the S.O.S. MB camps. |
| <input type="checkbox"/> | <input type="checkbox"/> | I consent to the SOS Program confirming diagnosis or assessment pending status with the Manitoba FASD Centre |
| <input type="checkbox"/> | <input type="checkbox"/> | I understand that information about my child will be: <ul style="list-style-type: none">• Recorded at program location/ provider for service coordination.• Used in collecting non-identifiable data for provincial program evaluation. |

Signature of Legal Guardian

Date

For more information call the Winnipeg SOS Office: SOS Winnipeg Camp Facilitator, (204) 258-6741

**Applications can be faxed or mailed to the Rehabilitation Centre for Children,
Attn. S.O.S MB FAX: (204) 258-6797**